



14-day Ladakh Trans Himalayan Motorcycle Tour, India

Enjoy a great motorcycle tour through the stunning landscapes of the remote and beautiful region of Ladakh, India, in the Western Himalaya. Often known as 'Little Tibet', Ladakh is steeped in ancient Tibetan Buddhist culture and home to jagged Himalayan peaks, high mountain passes and vast stark landscapes as well as ancient monasteries with exquisite treasures. Over the years Ladakh has emerged as a highly acclaimed adventure hub, offering great high altitude scenic treks, wildlife expeditions (this is the home of the elusive Snow Leopard) and wild river rafting on the Indus and Zaskar rivers. The remoteness of this region is what creates the magic that drives visitors here and provides a beautiful and sometimes challenging location for this tour.



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Small group departures

Best time to travel – June to September

Saturday 14 June 2025 to Friday 27 June 2025

Saturday 19 July 2025 to Friday 01 August 2025

Saturday 19 August 2025 to Friday 29 August 2025

Saturday 06 September 2025 to Friday 19 September 2025

Private tours – available on request

Trip overview

Style	Motorcycle tour
Accommodation	5 star hotel in Delhi, good quality heritage hotels, lodges and 01 night adventure camp in Ladakh
Grade	Moderate – a reasonable to good level of fitness and stamina is required.
Duration	14 days from Delhi to Delhi
Riding days	10.
Min/Max group size	10 to 14.
Trip leader(s)	Professional English-speaking experienced biking guide, mechanic and support vehicle for luggage and spares. English speaking city guide in Delhi.
Start point	Join in Delhi, India.

Private departures & tailor-made itineraries available – ask us for details.

Price per person GBP £

Based on group size 10 to 14, price per person, based on twin share rooms throughout. Prices valid for travel until end September 2025.

Group size	10 -14
Solo rider	£3695 per person
Pillion rider	£3295 per person
Single room supplement	£965 per person
Airfare Leh to Delhi, economy class.	£165 per person Please note all flights are subject to change & availability until final confirmation.

Will the trip run?

For group departures this trip is guaranteed to run for a minimum of 10 persons and a maximum of 14. If you prefer a private trip or for group sizes smaller than 10 or larger than 14 please contact us for details and for updated pricing details. On the rare occasion that we need to cancel a trip we will provide a full refund or the choice of an alternative trip with the difference in pricing either refunded (if the cost is less) or the difference payable before departure, should the cost be higher. The majority of our trips are tailor made and based on your preferred dates of travel, subject to the best times to visit each region, in addition to a small number of fixed date small group departures such as for this trip and for trips linked to arriving at specific locations for festivals or special events.

Flight inclusive departures

For departures from the UK, we offer a variety of flight options, working with a wide variety of airlines. Please contact us to discuss and for no obligation quotes. All flights are ATOL protected and our ATOL number is 12415. For flights in country (for example within India) we work with our local partners under their licences relevant to each country's licensing rules. All flights are subject to availability at the time of booking. Flights do fill quickly, particularly for the peak travel months and we advise booking your flights as soon as possible for the best fares and choice.

No surcharge guarantee

The trip pricing and pricing for flights or any optional supplements or trip extensions will be confirmed to you at the time you make your booking. We guarantee there will be no change to pricing with no surcharges after your booking has been confirmed.

Insurance

It is a condition of booking that you have personal travel insurance in place for your booking, valid for the duration of your trip. You are free to choose any insurance provider of your choice as long as your insurance is appropriate and covers you for travelling up to altitude of 5604 m. Our recommended Travel Insurance providers are [Campbell Irvine](#). Please visit our website [Travel Insurance page](#) to find out more and to request a quote.

Tailor made private trips

The majority of our treks and tours are tailor made and designed around the interests, requirements and preferred dates of travel of our clients with your Himalayan holiday designed and customised specifically for you. Our UK and in country teams have a huge amount of experience and extensive networks which allows us to design and offer a very wide range of itineraries within Nepal, India, Bhutan and Tibet. We're happy to share our knowledge and suggestions to design the best itinerary to create your perfect itinerary. If you'd like to consider a tailor-made holiday with One Himalaya or to customise this itinerary, please call us on +44(0)28207 68975 or visit our website for inspiration.

At a glance itinerary

14 days Delhi to Nalargarh to Mandi to Manali to Jispa to Sarchu to Leh to Delhi

Best time to visit – June to September

Day 01: Arrive Delhi and transfer to hotel.

Day 02: Full day Delhi

Day 03: Train to Chandigarh and drive to Nalagarh – handover of bikes and test ride.

Day 04: Ride Nalagarh to Mandi.

Day 05: Ride Mandi to Manali.

Day 06: Full day Manali.

Day 07: Ride Manali to Jispa.

Day 08: Ride Jispa to Sarchu.

Day 09: Ride Sarchu to Leh.

Day 10: Full day Leh and ride to Shankar, Spituk and Phyang Monasteries.

Day 11: Full day Leh and ride to Hemis, Shey and Thiksey Monasteries.

Day 12: Ride Leh to Khardung La (5604m) – the highest motorable pass in the world.

Day 13: Fly Leh to Delhi, overnight Delhi.

Day 14: Depart Delhi.

Each morning before we set off, you'll have a briefing on the day's route, what to expect, any particular safety aspects and to answer any questions. Each day includes planned stops and allows opportunities for you to travel at your own pace so you can really enjoy the surroundings, meet the local people and stop for any additional photo opportunities. There are times when we need to get somewhere by a certain time as a group, for example for visits to monasteries or other sites and on longer days to aim to get to our destination before dark but overall there's still plenty of flexibility. You'll be accompanied by an experienced biking guide and also a support vehicle, driver and mechanic and the team are there to answer any queries and make sure everyone is well looked after and comfortable with the pace and getting the best experience.

Day to day trip itinerary

Trip Highlights

- Travel through the beautiful, varied and remote landscapes of Ladakh
- Cross 4 high Himalayan mountain passes including the Bara-lacha La (4850m), La Chung La (5059m) and Tanglang La (5325m) and Khardung La (5604m) - 'la' meaning 'pass'
- Ride the iconic Royal Enfield Himalayan bikes
- Panoramic views of the Shivalik Hills from Nalagarh
- Visit key sites and attractions of Old and New Delhi
- Visit key cultural and spiritual sites and ancient monasteries in Ladakh, including Hemis, Shey and Thiksey Monasteries
- Wonderful views of snow-capped Himalayan peaks, high altitude lakes, lush valleys, high altitude villages, mountain forts, palaces and monasteries and lofty Shingri Glacier
- Ride through the stunning Spiti Valley
- Ride across the Khardung La (5604m), the highest motorable mountain pass in the world
- Amazing views across the Indus Valley and the Zaskar Range



Trip introduction

Ladakh is the highest plateau in India and the name itself means land of high passes. This is a beautiful, high and remote borderland area of the Western Himalaya with unmistakable Buddhist influence. Located in the northeastern corner of India and nestled between the world's two highest mountain ranges of the Himalaya and the Karakorum, this is a wonderfully remote wilderness region where you'll find soaring mountain peaks, high Himalayan passes, stark arid plains and ancient monasteries and settlements. It's a wonderful place for great trekking and tours particularly during the Summer and early Autumn months and is very much influenced by Tibetan and Buddhist culture.

You'll ride along the Leh Manali Highway, that connects Manali in Himachal Pradesh and Leh in Ladakh and the Manali - Solang Valley to the Lahaul and Spiti Valleys in Himachal to the Zaskar Valley. The Highway is only open for a few months each year and is flanked by the high Himalayan and mighty Karakoram mountain ranges and offers spectacular views.

A real highlight of this trip is crossing 4 high mountain passes including the ultimate, the Khardung La pass, the highest motorable pass in the world at an altitude of 5604m. From the top of the pass you'll be able to enjoy amazing views across the Indus Valley and the Zaskar Range.

You'll also visit key sites along the way including renowned Shey, Thiksey and Hemis Monasteries, explore the picturesque towns of Manali and Mandi and travel through varied landscapes of lush valleys, high altitude lakes, waterfalls, ancient monasteries, temples and fortresses, lofty glaciers and soaring snow-capped Himalayan peaks. You'll get a real insight into local culture too, which is heavily influenced by Tibetan culture. Throughout, you'll be accompanied by an experienced local guide, including an experienced biking guide, mechanic and support vehicle and team during biking days.

A moderate to good level of fitness and preparation is required for this biking tour, as there are some longer days and we travel at high altitude, after time to acclimatise en route.

Day to Day

Day 01 Arrive Delhi (300m)

Welcome to Delhi! You'll be met by one of our local representatives who'll be waiting for you after you've gone through immigration formalities and baggage collection. He or she will accompany you on the short drive to your hotel and assist with check in. The rest of your day is at leisure to rest and relax before your tour fully begins tomorrow. Overnight Delhi.

Overnight: 5 star Vivanta by Taj hotel, Delhi.

Day 02 Delhi sightseeing (300m)

India's capital city, Delhi, is actually a unique and fascinating blend of two very different cities, each with its own distinctive flavour and character. No visit to India is complete without visiting these two complementary halves, both Old and New. Today is a good chance to explore some of the key sites of Old and New Delhi as well as start to get to know the rest of your group. The tour will begin with a visit to Raj Ghat this morning, a simple memorial to Mahatma Gandhi, by the banks of the Yamuna River. From here we drive past the Red Fort en route to Jama Masjid, one of

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Asia's largest mosques and a key site in Delhi, which is viewed from the outside. People stream in and out of the mosque continuously and the presence of a nearby bazaar means that the area is rarely quiet. From here we head towards the spice market, a highlight of Old Delhi, for a rickshaw ride through the narrow old streets and a great way to experience this area.

After visiting Old Delhi, it's a short drive to New Delhi, which reflects the legacy the British left behind in its architecture and layout. The division between New and Old Delhi is the division between the capitals of the British and the Mughals respectively. The walled Old city is all tradition and a place where ancient ways of life can still be experienced in all its facets and colours and bustle. New Delhi in contrast, is a modern cosmopolitan city trying to live up to the best of 21st century standards.

Here you'll visit the Qutub Minar, the tallest stone tower in India with building started in 1199 AD by Qutub-ud-Din Aibak and completed by the sultan's successor and son-in-law, Iltutmish. The building is 72.5 m high and has 379 steps from the bottom to the top. It's a key landmark as well as one of the finest Islamic structures ever raised in India. From here we continue, to visit Humayun's tomb, built by the widow of the second Mughal Emperor, Humayun, it is an outstanding monument in the Indo-Persian style, a precursor of the world-famous Taj Mahal. During the tour we also drive past the imposing India Gate, designed by Lutyens in 1921 as well as the Parliament building and the Rashtrapati Bhawan, the President's residence.

Later this evening we've arranged a welcome dinner in a local restaurant as another chance to get to know your group, as well as enjoy the delicious local food, before we leave Delhi tomorrow. Overnight Delhi.

Overnight: 5 star Vivanta by Taj hotel, Delhi. (Meals: B, D – please note dinner for the group will be at a local restaurant this evening not at your hotel).

Day 03 Delhi to Chandigarh (330m) by train and drive to Nalagarh (2206m) - 65km, approximately 1.30 hrs drive

This morning you'll be picked up for the transfer to the train station in time to board the train to Chandigarh. It's just under 3 hours to reach Chandigarh from where it's a short 1 hour 30 minutes' drive to Nalagarh. Nalagarh Fort Resort is located atop a hillside with panoramic views of the Shivalik Hills. The resort is surrounded by green hills and rises above the 20 acre estate of forest and orchards, built on five levels, two of which have well-manicured lawns. The fort and the palace of Nalagarh have a series of structures that are mostly built in the Mughal style of architecture, which have been extensively renovated into a quality heritage resort where we'll stay overnight.

After time to check in and get refreshed, this afternoon it's time for handover of the bikes and to take a test ride. We provide Royal Enfield 450 CC Himalayan bikes for this trip as these are the best for the terrain. You'll also be accompanied by an experienced English speaking biking guide, mechanic and a support vehicle for luggage and spares.

Overnight at Nalagarh Fort Resort. (Meals: B, L, D)

Day 04 Ride Nalagarh to Mandi (760m) - 205km, approximately 5 hrs

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Today we leave Nalagarh for the ride of around 5 hours towards Mandi, stopping en route for a light lunch. Mandi, located in the sacred land of Rishi Mandvya, is known as the Kashi of Himachal Pradesh. The town is dotted with 81 temples which are the finest monuments of hill architecture. Mandi district has many high-altitude lakes, snowy mountains, dense deodar forests, lush green valleys, velvety pastures and unbeaten trekking routes passing across wild flower meadows. Reaching the town we'll check in and the remainder of the afternoon is at leisure to rest and relax or explore locally before or after dinner this evening

Overnight: Visco Resort (Meals: B, L, D)

Day 05 Ride Mandi to Manali (2050m) - 110km, approximately 4 hrs

This morning we ride towards Manali, which is 1896 m above sea level and situated at the northern end of the pretty Kullu valley. Manali is another picturesque little town bustling with activity and is the most popular place in the Himachal Pradesh region during the summer season. Manali was also very popular on the 1970s hippy trail, with many including The Beatles hanging out here. Around Manali, nature has lavished the region with beautiful forests, waterfalls, green slopes, rivulets and soaring snow-covered mountain peaks. Manali also boasts of a Mountaineering Institute, which imparts training in mountaineering, skiing and other adventure activities. Reaching Manali, there's plenty to explore locally or rest and relax at the hotel.

Overnight: Manuallaya Resort (Meals: B, L, D)

Day 06 Manali (2050m)

After breakfast today we'll visit Naggar (1800m), around 22km from Kullu, Naggar was the former capital of the Kullu Rajas (rulers) until A.D. 1660. The ancient castle, now converted into a tourist accommodation, overlooks the entire Beas Valley. Nicholas Roerich, the famous Russian painter and philosopher lived here and his quaint little house has been converted into a small museum. There are two old temples near the castle. After time here we return to Manali for an afternoon guided walking tour of Old Manali, where you'll see the old traditional wooden houses and nice wood carving temples. Rest and relax this evening.

Overnight: Manuallaya Resort (Meals: B, L, D)

Day 07 Ride Manali to Jispa (3200m) via the Atal Tunnel (3100m) - 140km, approximately 6 hrs

After an early breakfast we ride towards Jispa, a small village in the Lahaul region in the stunning Spiti Valley, our route taking us through the Atal Tunnel, at over 3100m and the highest single tube tunnel in the world. This tunnel connects the Kullu Valley with the Lahaul and Spiti valleys. After crossing the tunnel, we have wonderful panoramic views of the surrounding snowcapped peaks and glaciers. The Spiti Valley is a high-altitude mountain desert with lunar like terrain as well as high passes, glaciers and water crossings. Enroute, we visit Sisu and Keylong villages. The lofty Shingri Glacier is seen in all its grandeur here, its high passes standing between the locals and the wider world. The name "Spiti" means "the middle land" - the land between Tibet and India and this region is less visited. Reaching Jispa we'll rest overnight with the rest of today to relax and perhaps explore locally.

Overnight: Padma Lodge (Meals: B, L, D)

Day 08 Ride Jispa to Sarchu (4201m) - 98km, approximately 5 hrs

After an early breakfast we ride towards Sarchu. Situated on the boundary of Himachal Pradesh and Jammu and Kashmir, Sarchu is an important stop point on the Leh -Manali Highway, located between the high Himalayan mountain passes of the Baralacha La and the Lachlung La. It's a starkly beautiful location and was once an important point on the ancient silk trading route, still a busy and important place today with traders, nomads and adventurers, especially during the May to September period when the snow melts and the Leh -Manali highway is open to traffic. Sarchu is also an important start point for treks to Zaskar. Today the distance we cover is short but the drive is through the valley, with hairpin loops and crossing over a number of bridges. Tonight, we stay in a fixed camp. All the tents have attached bathrooms and meals are served in the dining hall.

Overnight: Adventure camp (Meals: B, L, D)

Day 09 Ride Sarchu to Leh (3500m) - 253km, approximately 8 hrs

After breakfast we ride towards Leh, the capital and gateway to Ladakh. The Zaskar Range remains to be crossed and this takes two more passes, the La Chung-La (5059m) and the Tanglang La (5325m). Leh is rapidly spreading in all directions from its original position beneath the long abandoned Namgyal Palace. While the town has come a long way from the days when polo was played on its main street, Leh still remains a pleasant, traditional Himalayan town. When we enter Leh town we'll have stunning views of Thiksey Monastery and it's a good place to break for a photo stop before we ride through the town to our hotel.

Overnight: Hotel Kanglachen or similar (Meals: B, L, D)

Day 10 Leh (3500m) – visit Shankar (5359m), Spituk (3307m) and Phyang (3500m) monasteries

This morning is free to rest and relax. This afternoon we'll ride out to visit Shankar Monastery - a relatively modern monastery, it is closely associated with Spituk monastery and serves as the residence of the head priest. A number of gold icons are to be found here. Just 8km from Leh, Spituk monastery stands prominently on the top of a hillock commanding a panoramic view of the Indus Valley, with views for miles. Many icons of Buddha as well as fine thangkhas are to be found in this 15th century gumpa (monastery). The gumpa also houses collections of ancient masks, antique arms, and an awe-inspiring image of Mahakli. We'll also visit Phyang Monastery which is 17kms from the Leh-Kargil road, built by Tashi Namgyal in the latter half of the 16th century AD. It belongs to the Red Cap Sect of Buddhism and there are hundreds of icons of Buddha and other gods kept here. After our monastery visit we ride back to Leh to relax for the evening.

Overnight: Hotel Kanglachen or similar (Meals: B, L, D)

Day 11 Leh to Hemis, Shey and Thiksey Monasteries (3657m)

After breakfast today it's a full day as we ride out to visit the massive Tibetan Buddhist Gompas & monasteries of Hemis, Shey and Thiksey.

Thiksey is one of the largest and architecturally most impressive Gompas (monasteries) in Ladakh. There are several temples here to explore and enjoy the exquisite images, stupas and wall paintings of Lord Buddha. From Thiksey we continue to nearby Shey village where you'll be able to visit Shey Palace and Gompa. Situated on a hillside 15 kms upstream from Leh, this was once the residence of the royal family. According to tradition, it was the seat of power in pre-Tibetan times. Here you'll see the impressive 7.5 m high copper statue of Buddha, plated with gold and the largest of its kind. After time to explore, we continue the ride to reach Hemis monastery, one of the most famous monasteries of Ladakh.

Hemis Gompa is the wealthiest, best known and largest monastery of Ladakh and is also the site of the large annual summer festival, held to honour Guru Padma Sambhava's birth anniversary. Hemis also has the largest Thangka in Ladakh (a thangka is a large, hand painted pictorial religious scroll) which is unfurled only once every 12 years. Hemis monastery was built in 1630 during the reign of Singge Namgyal, an illustrious ruler of Ladakh. Rest and relax overnight.

Overnight: Hotel Kanglachen or similar (Meals: B, L, D)

Day 12 Ride Leh to Khardung La (5604m) – 41km one way, approximately 2-3 hrs each way

Today is a key highlight of the trip as we ride from Leh to the Khardung La before returning to Leh. It will take around 2 to 3 hrs to ride the 41 km climb of 2200 m. The last 10 kms are unsurfaced road and is the ultimate challenge of the trip. The Khardung La is the last of the 5 high mountain passes on this trip and is the highest motorable pass in the world taking you to dizzying 5604m. The view from the top is spectacular, stretching from the Indus valley in the south over the endless peaks and ridges of the Zaskar Range to the giants of the Saser Massif in the North. You can feel proud of a true achievement as you finish the trip with your final satisfying descent.

On return to Leh it's time to handover the motorbikes this evening before enjoying a group farewell dinner on our last night in Ladakh.

Overnight: Hotel Kanglachen or similar (Meals: B, L, D)

Day 13 Fly Leh to Delhi

This morning is free until time to check out and your transfer to airport for your short flight on towards Delhi. Depending on flight times for your dates of travel, it may mean an early start but it's worth it for the spectacular flight over the snow-capped peaks of the Himalayas. Arriving in Delhi, you'll be met by one of our local representatives who'll assist with your transfer drive and check in to your hotel. The rest of your day is at leisure to rest and relax, perhaps do some last minute shopping or exploring locally or simply relax in the hotel or by the pool. Overnight Delhi.

Overnight: 5 star Vivanta by Taj hotel, Delhi. (Meals: B)

Day 14 Depart Delhi

This morning is free until time to check out and your transfer to the International Airport for your departure flight home or onward to your next destination.

(Meals: B)

Our trip grading system

Moderate to challenging

This trip is graded moderate to challenging. We will be riding through varied terrain and conditions, with some long days and some days at high altitude. It is important you are in good health generally and have a good level of fitness, stamina and strength to enjoy and get the most out of this trip and for overall safety. If you are unsure about your health or fitness levels or have concerns about any specific medical conditions, it is extremely important that you speak with your GP or other appropriate medical health professional and seek their advice before deciding whether this trip is appropriate for you. We take safety very seriously and it is your responsibility to inform us in advance of any medical or other conditions that may affect your trip or whether and how you can take part. Any information you share with us will be confidential.

Terrain

During the days riding, road conditions vary from good tarmac and cement roads to broken dirt and gravel trails, potholed roads, forest trails and water crossings. Some sections are easy, others can be challenging. The weather at the time of year this trip runs tends to be overall good with sunny clear days but we may encounter some rain and perhaps snow which of course will impact on riding and road conditions. Temperatures can also vary and will be colder at higher altitudes, so it's best to be prepared in terms of personal clothing that you bring.

Trip altitude

Important - please be aware that this trip involves easy to moderate as well as some challenging riding and some easy to moderate walking at altitude. All our itineraries are carefully designed to optimise acclimatisation to high altitudes, however participants on this trip are likely to experience some symptoms of being at altitude. The detailed trip information we provide when you book your holiday includes comprehensive advice on safe travel at altitude and all our guides are experienced and professional in recognising and managing symptoms of altitude, in addition to all our trips incorporating gradual ascents and rest and acclimatisation days. If you would like further information or advice on travel at altitude prior to booking, please contact our office to speak to an experienced member of our team. Alternatively, we recommend visiting www.medex.org.uk as a useful source of information.

What's included in the price?

One Himalaya aims to offer the best value for money and aim to ensure all the key elements of your holiday are included. In some places such as Delhi, where there is a wide range of local restaurants, cafes and bars, we include breakfast only options in your hotel stay to allow you flexibility to choose from the variety of options available in your hotel or local area.

- ✓ Airport welcome and transfers on arrival and departure by private vehicle
- ✓ Complimentary welcome and farewell group dinners on Day 02 and Day 13 at a local restaurant
- ✓ 13 nights accommodation on twin or double sharing basis at mentioned hotels or similar
- ✓ 5 star hotel in Delhi and good quality hotels, lodges and 01 night tented camp elsewhere as per itinerary
- ✓ Breakfast or breakfast, lunch & dinner at the hotels as per itinerary with lunch at local cafes and restaurants en route & at hotel on Day 03.
- ✓ Lunch in a local restaurant in Delhi on Day 02.
- ✓ Train fare from Delhi to Chandigarh by air-conditioned chair car
- ✓ All arrival and departure transfers with assistance.
- ✓ Professional and experienced Indian tour leader on bike.
- ✓ Use of Royal Enfield Himalayan 450 CC Motorbikes for riders from day 03 to day 12
- ✓ Environmental fee & Innerline Permit fee for Khardung La.
- ✓ Fuel for the motorbikes as per the itinerary.
- ✓ Support vehicle(s) during motorbike tour to carry the spare parts, mechanic and luggage.
- ✓ Accompanying mechanic during motorbike tour.
- ✓ First aid kit including oxygen cylinder carried by the support vehicle and/or guide.
- ✓ Light refreshment on the biking days.
- ✓ 01 English speaking professional local city guide during the sightseeing in Delhi and Leh.
- ✓ Rikshaw ride in Old Delhi
- ✓ One time monastery and monument entrance fee for sites visited as per itinerary.
- ✓ Domestic flight from Leh to Delhi including airport transfers.
- ✓ All applicable taxes including 5% GST
- ✓ Complimentary One Himalaya t-Shirt and buff (subject to availability).

Airport transfers

The cost of a transfer to/from the airport is included in the price of your holiday. All airport transfers and also train station transfers required as part of your itinerary are also included in the price of your trip. Please contact us if you require any further information.

What's not included in the price?

❖ India Visa – you must apply in advance. Further guidance is available on our website or contact us for advice.	❖ Additional accommodation, activities or transport not included in the itinerary or before/after the dates specified (available on request at additional cost).
❖ International Flights – available on request – contact us for no obligation quotes.	❖ Medical expenses (other than first aid) should that be needed. This should be covered by your insurance.
❖ Travel Insurance - please note it is a condition of booking all trips that you have appropriate travel insurance in place including cover for medical or evacuation services if needed. Visit our website https://one-himalaya.com/travel-insurance.html for more information.	❖ Expenses incurred as a result of flight delays/cancellation, strikes, weather conditions or other events outside of our control.
❖ Helmets or personal riding gear. If required we can arrange hire of gear but most people prefer to bring their own.	❖ Personal expenses such as soft and alcoholic beverages, mineral water, phone charges, laundry, tips, camera fees, snacks and souvenirs, or items of a personal nature.
❖ Any damage or change of spares, payable directly as an extra, if required.	❖ Travel vaccinations.
❖ Meals other than specified as per itinerary.	❖ Anything not mentioned in the above inclusions or itinerary.

Please note

- All air fares quoted are subject to change and availability until the time of confirmation.
- Accommodation will be provided in mentioned hotels or of same category.
- We shall not be responsible for any change in the itinerary due to land slide, weather condition, flight cancellation or any unforeseen circumstance. Extra expenses incurred will be in addition to given cost. Should this occur your guide will discuss any change of route and additional charges and our UK team are also available to discuss with you.
- Bikes and backup cars will change from Leh onwards.

Your accommodation

We work with a wide range of hotels and other accommodation options across India, Nepal, Tibet and Bhutan. Where a specific hotel is named in the itinerary, we will aim to secure that hotel, however all hotels and accommodation are subject to availability at the time of booking. If the first choice or named hotel is not available, we will book a suitable alternative of a similar standard and will always confirm the hotel with you at or shortly after confirmation.

Meal arrangements

Bed and breakfast in Delhi, lunch and group welcome dinner at local restaurants on Day 02 and breakfast and dinner at your hotels on other days with light refreshments and lunch provided during biking days from Day 03 to Day 12 (lunch either at local cafes, restaurants and shops during riding days or occasionally at hotels as per itinerary), group farewell dinner at a local restaurant in Leh.

Flight arrangements

We work with a wide range of airlines to offer the widest choice of departure flights from the UK. The 'Flight from' price is based on the best fare available at the time of printing. Airfares are subject to change and availability, and this should be used only as a guide price. If you would like us to help with your flight booking, we will always aim at the time of booking, to get the best possible price for the flights you need. We advise booking as early as you can, for the best chance of getting the best fares, particularly during the Spring and Autumn peak travel times.

Flights booked through One Himalaya are protected through our ATOL licence number 12415.

Please call us on +44 (0)28207 68975 for flight options including from regional UK airports, Business Class options, airport hotels and stopovers.

Additional information

When we receive your booking confirmation, we send you a full Trip Dossier which contains details of any visas and vaccinations required, an essential and suggested gear and clothing list and other useful information specific to this trip. If you have queries at any point or would like to discuss anything about your trip, please call us on +44 (0)28207 68975 and we will be pleased to offer advice and suggestions.

What to bring - essentials

The support vehicle for this trip will carry the main luggage and spares for the bikes. We advise you to bring the following and will also provide a recommended clothing and equipment list and list of what to carry during the day, on confirmation of booking or on request.

- Hydration pack (3 litre)
- Helmet
- Upper body armour or protective textile motorcycle jacket
- Jacket and protective riding trousers or eg reinforced jeans – you must have adequate knee protection
- Waterproof over ankle motorcycle boots
- Summer and winter weight gloves – temperatures can vary considerably
- Waterproofs
- Waterproof bag (not plastic) for your documents, phone, camera etc
- Head torch – always useful

- Earplugs – optional but recommended if sharing rooms!
- Passport photos x 4
- Basic first aid kit
- Handwash
- Sunblock
- Sleeping bag (optional but useful for the night camping and staying at high altitude)
- Tablets for high altitude
- Sunglasses, caps or hats, sunscreen lotion and insect repellent

Advisory

- The advisable maximum size of baggage should not exceed 60 litres.
- Any damage caused to the bike because of mishandling by the rider, the cost will be borne by the traveller.
- In case of changes in permit costs, the difference for the same will be payable by the traveller at the beginning of the trip.
- You as the traveller are responsible for arranging the international/domestic airfare (available on request, please contact us for a quote), visa fees, airport tax and insurance cover.
- Wear appropriate riding shoes which protect your ankles.
- Climatic conditions in the high altitudes contrast from the plains; take adequate time to get acclimatized to high altitudes.
- While riding, tuck-in your tracks into the socks to avoid hindrance.
- Wear double layered socks to avoid dust, mud, and infections during the trek.
- Do not wear tight-fitting clothes as they may hinder your movement during the ride.
- Do not carry valuables such as expensive or important jewelry or electronics.
- Wear proper protective headgear that fits perfectly along with eyewear and mouth protection wear to avoid the glare of the sun, dust, and wind.
- If unsure if you are fit enough to undertake the bike ride, including some longer days, we advice discussing with your local GP or health centre prior to booking.
- The ride takes place through an eco-friendly zone; it is very important that we respect this and do not litter the local sites or campsites.
- Consumption of alcohol/drugs and smoking during the bike ride is strictly prohibited.
- Usage of plastic bags is strictly prohibited during the ride.
- Any damage to the bike during the tour will be payable directly by the guest/traveller.

- Children are not permitted on this trip, only people above the age of 18 and holders of appropriate licenses.

Important – the nature adventure travel

Every effort will be made to keep to the itinerary, but we cannot guarantee that things may not change, either before you travel or during your trip. The nature of adventure travel is that it involves an element of the unexpected, particularly in more remote and isolated areas. Factors such as adverse weather conditions, changes to local schedules, road or trail conditions and difficulties with transportation can all contribute to the need to make changes to the itinerary, sometimes at the last minute. Our office team and your Tour Leader will make every effort to maintain the original itinerary and minimise the impact of any changes, but sometimes changes are required, for example taking a slightly different route on trek for better trail conditions. Any changes will be discussed with you but please note that all timings and distances given are approximate and an important aspect and asset to adventure travel is the ability to be flexible and open to change where needed or beneficial!

Trip extensions

Extending your holiday

A popular option is to add a few days extension to a main holiday – for example adding a few days wildlife safari, a relaxing beach break or Ayurveda retreat in the south of India, trekking in Ladakh or visiting neighbouring regions such as Nepal, Bhutan or Tibet. Additional activities such as white-water rafting, zip lining, mountain biking, horse riding, camel treks, hot air balloon flights or helicopter tours can also be added. If you'd like more inspiration, please visit our website at <https://one-himalaya.com/category/extensions.html> or call us on +44 (0)28207 68975 and we'll be happy to share suggestions.



Why book with One Himalaya?

- We specialise in tailor made, luxury and adventure travel in the Himalayas, a region we're passionate about promoting and sharing. We also have extensive knowledge and contacts across all the regions where we operate and our team have over 20 years' first hand knowledge and experience of planning and operating the very best Himalayan travel experiences for our worldwide clients.
- Designed for you – the majority of our trips are tailor made (in addition to a few small group trips each year), based on your interests, time and budget with guidance and suggestions from us to make your trip extra special. All the example itineraries and classic trips on our website can be booked and we hope they provide useful inspiration for your travel plans. Each of those can be customised and we also offer a full tailor-made travel service to custom design a travel itinerary just for you, to meet your personal travel requirements and interests.
- We offer an extensive range of trip itineraries from classic tours and treks, to challenging expeditions, exhilarating wildlife safaris and birdwatching trips, relaxing houseboat tours and plantation stays, off the beaten track adventures, specialist interest tours and much more. The trips on our website are for inspiration and represent just a fraction of the types of trips we offer. We also regularly introduce new experiences and itineraries.
- We work closely with our local teams and partners so our knowledge of each region is always up to date, and we can share the latest news and experiences with you. If we don't know the answer to your question, we'll definitely know someone who does!
- We offer 100% financial security for your booking. We're members of the [Travel Trust Association](#) in the UK (member number X0951), which is part of The Travel Network Group. As part of our membership, we operate a Trust Account for all bookings. This means that any payment you make to us is automatically paid into the Trust Account where it is 100% financially protected at all times and is only ever used for your travel booking, providing you with complete financial security when you book with us. Booking with us really does mean 100% financial protection for your booking and peace of mind for you.
- If you're travelling from the UK or elsewhere, we offer great international flight options and fares. We work with a wide range of quality airlines to find you the best routes and airfares to match your travel plans.
- We hold [ATOL licence](#) 12415 which means that all international flight bookings from the UK are fully ATOL protected, giving you complete security when you book with us.
- We offer no cost, no obligation provisional bookings so if you're interested in a trip but not quite sure you're ready to book, simply contact us and we'll hold a provisional booking for a limited time. Once you're ready to book, most of our trips only require a small deposit to confirm, with the balance payable later, closer to your time of travel.
- We offer a No Surcharge Guarantee – once you book with us, we guarantee the price of your holiday will not change.
- When you travel with us, local people really do benefit through creating and supporting local employment opportunities, support for small local organisations and local spend. We passionately believe in travel as a force for good and we work closely with our fantastic local teams and partners to promote sustainable, small-scale travel that enriches the lives of travellers and also benefits local people in the communities and places we travel to.

One Himalaya – About Us

- We're a small team of travel experts with over twenty years' experience of exploring and promoting the wonderful Himalayan regions of Nepal, India, Bhutan and Tibet. We're passionate about travel and have a special love for the Himalayan regions.
- We're an independent travel company and online tour operator, based on the beautiful Causeway Coast in Northern Ireland, from where we provide bespoke travel services to our clients from the UK, Europe and worldwide.
- We firmly believe in sustainable travel, that respects and protects local people, landscapes, culture, wildlife and habitats. We believe that travel can and should be a force for good, creating positive impact and change for everyone. As part of that ethos, we support a range of small projects and initiatives in the destinations where we operate, that help bring positive benefits and real change to local people's lives.
- We work closely with local communities and partners across the Himalaya and beyond, working together to provide you with the most enjoyable and memorable travel experiences and adventures in Nepal, India, Bhutan and Tibet.
- We focus on providing high quality, personalised service and experiences for our clients, using good quality accommodation and equipment and working with professional, well trained and fairly paid local guides and crews.
- We offer Loyalty Discounts if you've travelled previously with us, on future trip bookings.
- We make it easy to book your holiday – you can book online, call or email us. We offer no obligation hold options on trips and flights and we guarantee no surcharges once you've booked.
- When we receive your booking confirmation we'll send you a detailed trip dossier with all the information about your trip including visa information, vaccinations required, suggested gear and clothing and lots more useful information to ensure you're fully prepared and have a wonderful experience – and we're always available if you have any questions or would like to discuss anything – we love questions, especially if they're about travel!

