



## 11-day Mardi Himal trek, Nepal

Enjoy this beautiful, moderate grade short trek into the stunning Annapurna Sanctuary. Trek along quiet scenic trails through beautiful forest with incredible mountain views including Mardi Himal, Annapurna South, Hiunchuli and Machhapuchhre. Ideal for first time trekkers or those with limited time and one of the best short treks in Nepal.



The view from Mardi Himal lookout point.

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## Small group departures

09 March to 19 March 2025  
 22 March to 01 April 2025  
 06 April to 16 April 2025  
 19 April to 29 April 2025

05 October to 15 October 2025  
 18 October to 28 October 2025  
 02 November to 12 November 2025  
 15 November to 25 November 2025  
 01 December to 11 December 2025  
 20 December to 30 December 2025

Private treks – available on request, Spring and Autumn/Winter

## Trip overview

<b>Style</b>	Trek
<b>Accommodation</b>	Good 3 or 5 star hotel in Kathmandu and Pokhara (as per pricing options shown), best available local teahouse mountain lodges during days on trek.
<b>Grade</b>	Moderate – a reasonable level of fitness and stamina is required. This is an easy to moderate short trek with some challenging/steeper sections, suitable for beginners.
<b>Duration</b>	11 days from Kathmandu to Kathmandu.
<b>Trekking/walking days</b>	5.
<b>Min/Max group size</b>	2 to 10.
<b>Trip leader(s)</b>	Professional English-speaking city guide in Kathmandu. Professional English-speaking Sherpa guide during days on trek.
<b>Land only</b>	Join in Kathmandu, Nepal.

**Private departures & tailor-made itineraries available – ask us for details.**

### Price per person GBP £

Based on a good 3 star hotel in Kathmandu and Pokhara with best available local teahouse mountain lodges during days on trek.

Group size	2-10
	£1895 per person
Single supplement	£249 per person – includes nights in Kathmandu and Pokhara only, not available in teahouse mountain lodges.

Based on a good 5 star hotel in Kathmandu and Pokhara with best available local teahouse mountain lodges during days on trek.

Group size	2-10
	£2195 per person
Single supplement	£515 per person – includes nights in Kathmandu and Pokhara only, not available in teahouse mountain lodges.

## Will the trip run?

For group departures the trip is guaranteed to run for a minimum of 2 persons and a maximum of 10. For private treks the trip is guaranteed to run whether for an individual solo trek for 01 person or for groups smaller than 2 or larger than 10. On the rare occasion that we need to cancel a trip we will provide a full refund or the choice of an alternative trip with the difference in pricing either refunded (if the cost is less) or the difference payable before departure, should the cost be higher. The majority of our trips are tailor made and based on your preferred dates of travel, subject to the best times to visit each region, in addition to a small number of fixed date small group departures such as for this trek and for treks linked to arriving at specific locations for festivals or special events.

## Flight inclusive departures

For departures from the UK, we offer a variety of flight options, working with a wide variety of airlines. Please contact us to discuss and for no obligation quotes. All flights are ATOL protected and our ATOL number is 12415. For flights in country (for example within Nepal) we work with our local partners under their licences relevant to each country's licensing rules. All flights are subject to availability at the time of booking. Flights do fill quickly, particularly for the peak travel months of March, April, October and November and we advise booking your flights as soon as possible for the best fares and choice.

## No surcharge guarantee

The trip pricing and pricing for flights or any optional supplements or trip extensions will be confirmed to you at the time you make your booking. We guarantee there will be no change to pricing with no surcharges after your booking has been confirmed.

## Insurance

It is a condition of booking that you have personal travel insurance in place for your booking, valid for the duration of your trip. You are free to choose any insurance provider of your choice as long as your insurance covers alpinism and emergency helicopter rescue, if required. Our recommended Travel Insurance providers are [Campbell Irvine](#). Please visit our website [Travel Insurance page](#) to find out more and to request a quote.

## Tailor made private trips

The majority of our treks and tours are tailor made and designed around the interests, requirements and preferred dates of travel of our clients with your Himalayan holiday designed and customised specifically for you. Our UK and in country teams have a huge amount of experience and extensive networks which allows us to design and offer a very wide range of itineraries within Nepal, India, Bhutan and Tibet. We're happy to share our knowledge and suggestions to design the best itinerary to create your perfect itinerary. If you'd like to consider a tailor-made holiday with One Himalaya, please call us on +44(0)28207 68975 or visit our website for inspiration.

## At a glance itinerary

Day 01: Arrive Kathmandu (1300m) and transfer to hotel.

Day 02: Kathmandu sightseeing, pre trek briefing and final preparations.

Day 03: Fly to Pokhara (822m) and overnight Pokhara.

Day 04: Drive to Dhampus (1640m) and trek to Deurali (2100m) 02-03 hours trek.

Day 05: Trek Deurali to Forest Camp (2600m) 04 hours trek.

Day 06: Trek Forest Camp to High Camp (3600m) 05-06 hrs trek.

Day 07: Trek High Camp to Mardi Himal Base Camp (4500m) and trek down to Bandal Danda (3210m) 06-07 hours trek.

Day 08: Trek Bandal Danda to Sidhing (1945m) 04-05 hours trek.

Day 09: Drive to Pokhara (02 hours) and overnight Pokhara.

Day 10: Fly Pokhara to Kathmandu and overnight Kathmandu.

Day 11: Depart Kathmandu.

## Trip Highlights

- One of the best short treks in Nepal.
- Trek into the stunning Annapurna Sanctuary area.
- Breathtaking mountain views of Mardi Himal, Annapurna South, Hiunchuli, Gangapurna Himal and Machhapuchhre.
- Reach Mardi Himal Base Camp (4200m).
- Trek through rich ancient forests, lush lowlands, colourful meadows, river crossings and along rocky mountain ridges.
- Experience the rich local culture.
- Trek in Spring (March to April) to see beautiful rhododendron blooms.
- Enjoy quieter trails than in other Annapurna routes.
- Explore vibrant Kathmandu before and after your trek.
- Scenic short flight from Kathmandu to Pokhara.
- A great short trek, ideal for beginners or when you have limited time

## Day to day trip itinerary

### Trip introduction

Take in the spectacular mountain views on this great short trek into the stunning Annapurna region including Mardi Himal, Annapurna South, Hiunchuli and Machhapuchhre (Fishtail Peak). This is one of the lesser-known trails and quieter than others in the area. Visit in Spring and see the wonderful spring rhododendrons in bloom, colouring the landscape. Visit in late Autumn or early Winter and you could be enjoying a beautiful snow-covered landscape, adding another element to this great trek. Enjoy the rich local culture as well as incredible Himalayan views, on one of the best short trekking trails in Nepal, ideal for beginners or for those looking for a great short trek.

### Day to Day

#### Day 01 Arrive Kathmandu (1300m)

Namaste and welcome to Nepal! On arrival at Tribhuvan International Airport, you'll need to obtain your visa and collect your luggage before heading to the exit where one of our local team will be waiting to welcome you and help with your luggage. On the drive to your hotel the traffic can be busy but you'll also have interesting views of day to day life in the city enroute. After time to rest and freshen up, our representative will meet you at the hotel this evening, to brief you about your next few days and answer any questions you may have. We invite you to join us for a complimentary welcome dinner and introduction to Nepali culture at a traditional Nepali restaurant this evening. Overnight Kathmandu, hotel.

#### Overnight: Hotel (Meals: D)

#### Day 02 Kathmandu sightseeing, trek briefing and final preparation

This morning you'll meet your city guide to begin your half day guided sightseeing of some of the key cultural and spiritual sites in Kathmandu. After breakfast, you'll be met by your guide before heading to nearby Kathmandu Durbar Square, an impressive World Heritage Site and hugely important place in Nepalese history and culture. You'll be able to visit the ancient palace complex and the temple of the Living Goddess of Nepal, the Kumari. You'll also visit Hanuman Dhoka and Kasthamandap Temple. From here, we'll drive to Pashupatinath Temple, the holiest shrine for Hindus, situated on the banks of the holy Bagmati River and an important cremation site. We'll also visit Boudhnath Stupa, an important Tibetan Buddhist pilgrimage site and the centre of Tibetan pilgrimage in Nepal. The huge stupa is one of the largest dome stupas in the world and is surrounded by many small monasteries, shops and cafes. Later this afternoon you'll receive a briefing about your trek and will have time for any last-minute preparations or local purchases if needed. This evening is at leisure to rest and relax. Overnight Kathmandu, hotel.

#### Overnight: Hotel (Meals: B)

#### Day 03 Transfer drive to Kathmandu domestic airport, fly to Pokhara (822m)

After breakfast, it's approximately 15 minutes' drive to Kathmandu domestic airport for your short 25-minute flight to Pokhara (822m). Set in a lush and picturesque valley with tranquil lakes

and green hills surrounded by Himalayan peaks, Pokhara is the start point for treks into the Annapurna region and also known as a hub for outdoor adventures including paragliding, boating and many more. The rest of your day is at leisure to rest and relax and explore the local area with lots of small cafes and shops around the lakeside area. Overnight Pokhara.

**Overnight: Hotel (Meals: B)**

Day 04 Drive to Dhampus (1640m), trek to Deurali (2100m).

this morning its a scenic drive of around an hour to reach your trek start point at Dhampus. From here we'll trek to Deurali. The path ascends through the forested foothills of the Annapurnas. It's only a short few hours trek until we reach Dhampus village, at 2100m. Enjoy the wonderful views of Mount Machhapuchhre, also known as Fishtail Peak with its distinctive shape. The rest of your afternoon and evening is at leisure to rest and relax. Overnight at a local teahouse lodge.

**Overnight: Local teahouse mountain lodge (Meals: B, L, D)**

Day 05 Trek to Forest Camp (2600m) 04 hrs.

This morning, we begin the trek up to Forest Camp at 2600m. The trail takes us through dense mixed forest of oak, maple and rhododendron. It's just a short trek today, around 4 hours to reach Forest Camp. There are steep climbs up to Forest Camp situated in the middle of the woods and surrounded by the forest. From here the peak views of Ghandruk, Landruk, and Chomrung are beautiful. Overnight at a local teahouse lodge.

**Overnight: Local teahouse mountain lodge (Meals: B, L, D)**

Day 06 Trek to High Camp (3600m) 05-06 hrs.

Today it's around 6 hours trek to reach High Camp at 3600m. We start with a bit of an incline as we follow the trail through rhododendron forests (beautiful in Spring when they're in bloom). After around 3 hours trek we'll reach Low Camp, a fairly newly established town with great views of Fishtail Peak and a good spot to take a break. After time to rest, relax and enjoy the views, we continue on towards High Camp where we'll stay overnight. The trail again leads through scenic landscapes with views of the Annapurna mountain range. After another few hours walk we arrive at the settlement of High Camp. Enjoy the views of the Himalayan peaks and, in the distance, the lights of Pokhara town. Overnight local teahouse lodge.

**Overnight: Local teahouse mountain lodge (Meals: B, L, D)**

Day 07 Trek to Mardi Himal Base Camp (4500m), descend to Bandal Danda (3210m) 06-07 hrs.

Today is an exciting day as we trek to Mardi Himal Base Camp at 4500m. Wake early to enjoy the sunrise views over the Himalayan peaks. After breakfast we begin our trek to Mardi Himal. The trail is good with a few steeper, more challenging sections along the rocky ridges of the mountain. Before we reach Base Camp we'll stop to enjoy the views from Mardi Himal viewpoint (4200m). We often see yaks grazing along this route and we'll pass herders' huts along the way. After around 3 hours trek we reach the Base Camp from where you'll have spectacular panoramic peak views including Mount Annapurna, Hiunchuli and Machhapuchhre (Fishtail

Peak). After enjoying the views we follow the trail down as we descend towards Bandal Danda. Rest and relax this evening. Overnight at a local teahouse lodge.

**Overnight: Local teahouse mountain lodge (Meals: B, L, D)**

Day 08 Trek to Sidhing (1945m) 04-05hrs.

From Bandal Danda we trek to Sidhing at 1945m. It's around 4 to 5 hours trek today, retracing our steps to begin then following the trail through denser forested areas in the foothills of Mount Machhapuchhre (Fishtail Peak). The trail here is steep at times so it's best to take our time and be careful. Rest overnight at a local teahouse lodge.

**Overnight: Local teahouse mountain lodge (Meals: B, L, D)**

Day 09 Drive to Pokhara (822m) 02 hrs drive.

This morning you'll be picked up for the scenic transfer drive back to Pokhara, around 2 hours drive. After checking in to your hotel, the rest of your day is at leisure to rest and relax and perhaps visit the lively lakeside area with its many cafes and shops or take a boating trip out onto the lake. Overnight at your hotel in Pokhara.

**Overnight: Hotel (Meals: B)**

Day 10 Fly Pokhara to Kathmandu.

Today you'll be picked up for the short transfer to Pokhara airport and the short, scenic flight (around 30 minutes) back to Kathmandu. You'll be met on arrival at Kathmandu for the transfer to your hotel. The rest of your day is free to explore locally, to do any shopping in Thamel or near your hotel, perhaps try some of the local cafes or restaurants and generally relax. Overnight at your hotel in Kathmandu.

**Overnight: Hotel (Meals: B)**

Day 11 Depart Kathmandu.

This morning is free until time to check out and your transfer to the International Airport for your departure flight home or onward to your next destination. If you'd like to extend your trip, for example by adding a few days wildlife safari, please ask and we'll be happy to help.

**(Meals: B)**

## **Our trip grading system**

### **Moderate**

This trip is graded moderate. It's a short few days trek to a maximum of 4500m at Mardi Himal Base Camp with gradual acclimatisation en route. You don't need any experience to do this trek so it's a great option for beginners or those with only a short time available however there are a few steeper more challenging sections of the trail and as for all treks, fitter and more prepared you are, the more you will enjoy the trek.

The majority of our treks use tea house mountain lodge accommodation or in the most remote regions, fully catered camping style. On camping style treks we provide a fully catered camping service with separate sleeping, kitchen and toilet tents, all required camp equipment and utensils and a full camp crew including cook and porters, in addition to your professional, experienced local guide. On this trek route there is a good range of local teahouse lodges in the villages and settlements along the route which we'll use for your overnight stays.

### Trip altitude

*Important - please be aware that this trip involves a couple of days trekking at altitude (above 3000m). All our itineraries are carefully designed to optimise acclimatisation to high altitudes, with gradual ascents from lower to higher altitude and rest and acclimatisation days where appropriate, however some participants on this trek may experience some symptoms of being at altitude on Day 07 such as breathlessness or a headache. On Day 07 we ascend to the highest point on this trek at 4500m and immediately afterwards we trek down to a lower altitude where we spend the night so most people will not be affected in any way. The detailed trip information we provide when you book your holiday includes comprehensive advice on safe travel at altitude and all our guides are experienced and professional in recognising and managing symptoms of altitude, in addition to all our trips incorporating gradual ascents and rest and acclimatisation days. If you would like further information or advice on travel at altitude prior to booking, please contact our office to speak to an experienced member of our team. Alternatively, we recommend visiting [www.medex.org.uk](http://www.medex.org.uk) as a useful source of information.*

### What's included in the price?

One Himalaya aims to offer the best value for money and aim to ensure all the key elements of your holiday are included. In some places such as Kathmandu, where there is a wide range of local restaurants, cafes and bars, we include breakfast only options in your hotel stay to allow you to choose from the variety of options available in your hotel or local area. During days on trek, all meals are included, either from the teahouse lodges or prepared by your camp crew.

- ✓ Airport welcome and transfers on arrival and departure by private vehicle
- ✓ Complimentary welcome dinner and cultural show at one of the finest traditional restaurants in Kathmandu.
- ✓ 03 nights good quality 3 or 5 star hotel accommodation (as per pricing options) in Kathmandu, twin or double share, bed and breakfast basis.
- ✓ 02 nights 3 or 5 hotel accommodation in Pokhara (as per pricing options), twin or double share, bed and breakfast basis
- ✓ Domestic flight from Kathmandu to Pokhara to Kathmandu, including airport transfers in Kathmandu and Pokhara.
- ✓ Group first aid kit during days on trek, carried by your guide.
- ✓ 01 porter per two trekkers during days on trek)
- ✓ All meals during days on trek, breakfast, lunch and dinner, including 3 cups of tea or coffee daily, fresh fruit daily.
- ✓ Insurance and expenses for guide and porters (provided by One Himalaya).
- ✓ Half day guided sightseeing in Kathmandu with by private AC Vehicle and including all entrance fees (one time entry) to sites visited as per itinerary.



- ✓ 01 professional English-speaking local Sherpa trekking guide on trek.
- ✓ 05 nights twin share accommodation in best available local teahouse mountain lodges during days on trek
- ✓ All necessary trekking (TIMS) and National Park entrance fees.
- ✓ 01 English speaking professional local city guide during the sightseeing in Kathmandu.
- ✓ Complimentary One Himalaya t-Shirt and buff (subject to availability).
- ✓ FREE 80 litre One Himalaya duffel bag, for use during days on trek.

## Airport transfers

The cost of a transfer to/from the airport is included in the price of your holiday. All airport transfers required as part of your itinerary are also included in the price of your trip. Please contact us if you require any further information.

## What's not included in the price?

❖ Nepal Visa – available in advance or on arrival at Kathmandu Airport	❖ Additional accommodation, activities or transport not included in the itinerary or before/after the dates specified (available on request)
❖ International Flights – available on request for UK departures	❖ Personal trekking gear such as trekking pole, sleeping bag, down jacket etc (full kit list provided on booking or available on request). Down jackets and sleeping bags available to hire for a small fee, please ask for details.
❖ Travel Insurance - please note it is a condition of booking all trips that you have appropriate travel insurance in place. Visit our website <a href="https://one-himalaya.com/travel-insurance.html">https://one-himalaya.com/travel-insurance.html</a> for more information	❖ Expenses incurred as a result of flight delays/cancellation, strikes, weather conditions or other events outside of our control
❖ Lunch and dinner in Kathmandu and Pokhara.	❖ Personal expenses such as soft and alcoholic beverages, laundry, tips for guides, drivers, porters and cook, snacks and souvenirs, wifi on trek etc.
❖ Anything not mentioned in the above inclusions or itinerary	

## Your accommodation

We work with a wide range of hotels and other accommodation options across Nepal, India, Tibet and Bhutan. Where a specific hotel is named in the itinerary, we will aim to secure that hotel, however all hotels and accommodation are subject to availability at the time of booking. If the first choice or named hotel is not available, we will book a suitable alternative of a similar standard and will always confirm the hotel with you at or shortly after confirmation.

## Meal arrangements

Bed and breakfast in Kathmandu and Pokhara, all meals (breakfast, lunch, dinner plus 3 x tea/coffee daily and fresh seasonal fruit) during days on trek, selected from teahouse lodge menus.

## Flight arrangements

We work with a wide range of airlines to offer the widest choice of departure flights from the UK. The 'Flight from' price is based on the best fare available at the time of printing. Airfares are subject to change and availability, and this should be used only as a guide price. If you would like us to help with your flight booking, we will always aim at the time of booking, to get the best possible price for the flights you need. We advise booking as early as you can, for the best chance of getting the best fares, particularly during the Spring and Autumn peak travel times.

Flights booked through One Himalaya are protected through our ATOL licence number 12415.

Please call us on +44 (0)28207 68975 for flight options including from regional UK airports, Business Class options, airport hotels and stopovers.

## Additional information

When we receive your booking confirmation, we send you a full Trip Dossier which contains details of any visas and vaccinations required, a suggested gear and clothing list and other useful information. If you have queries at any point or would like to discuss anything about your trip, please call us on +44 (0)28207 68975 and we will be pleased to offer advice and suggestions.

## Important – the nature adventure travel

Every effort will be made to keep to the itinerary, but we cannot guarantee that things may not change, either before you travel or during your trip. The nature of adventure travel is that it involves an element of the unexpected, particularly in more remote and isolated areas. Factors such as adverse weather conditions, changes to local schedules, road or trail conditions and difficulties with transportation can all contribute to the need to make changes to the itinerary, sometimes at the last minute. Our office team and your Trip Leader will make every effort to maintain the original itinerary and minimise the impact of any changes, but sometimes changes are required, for example taking a slightly different route on trek for better trail conditions. Any changes will be discussed with you but please note that all timings and distances given are approximate and an important aspect and asset to adventure travel is the ability to be flexible and open to change where needed or beneficial!

## Trip extensions

### Extending your holiday

A popular option is to add a few days extension to a main holiday – for example adding a few days wildlife safari after a trek or tour, visiting neighbouring regions or spending a few days at a beach, spa or lake resort. Additional activities such as white-water rafting, zip lining, mountain biking, golf or helicopter tours can also be added. If you'd like more inspiration, please visit our website at <https://one-himalaya.com/category/extensions.html> or call us on +44 (0)28207 68975, message us via our social channels or email us at [hello@one-himalaya.com](mailto:hello@one-himalaya.com) and we'll be happy to share suggestions and to help with your plans.



### Why book with One Himalaya?

- We specialise in tailor made, luxury and adventure travel in the Himalayas, a region we're passionate about promoting and sharing. We also have extensive knowledge and contacts across all the regions where we operate and our team have over 20 years' first hand knowledge and experience of planning and operating the very best Himalayan travel experiences for our worldwide clients.
- Designed for you – the majority of our trips are tailor made (in addition to a few small group trips each year), based on your interests, time and budget with guidance and suggestions from us to make your trip extra special. All the example itineraries and classic trips on our website can be booked and we hope they provide useful inspiration for your travel plans. Each of those can be customised and we also offer a full tailor-made travel service to custom design a travel itinerary just for you, to meet your personal travel requirements and interests.
- We offer an extensive range of trip itineraries from classic tours and treks, to challenging expeditions, exhilarating wildlife safaris and birdwatching trips, relaxing houseboat tours and plantation stays, off the beaten track adventures, specialist interest tours and much more. The trips on our website are for inspiration and represent just a fraction of the types of trips we offer. We also regularly introduce new experiences and itineraries.

- We work closely with our local teams and partners so our knowledge of each region is always up to date, and we can share the latest news and experiences with you. If we don't know the answer to your question, we'll definitely know someone who does!
- We offer 100% financial security for your booking. We're members of the [Travel Trust Association](#) in the UK (member number X0951), which is part of The Travel Network Group. As part of our membership, we operate a Trust Account for all bookings. This means that any payment you make to us is automatically paid into the Trust Account where it is 100% financially protected at all times and is only ever used for your travel booking, providing you with complete financial security when you book with us. Booking with us really does mean 100% financial protection for your booking and peace of mind for you.
- If you're travelling from the UK or elsewhere, we offer great international flight options and fares. We work with a wide range of quality airlines to find you the best routes and airfares to match your travel plans.
- We hold [ATOL licence](#) 12415 which means that all international flight bookings from the UK are fully ATOL protected, giving you complete security when you book with us.
- We offer no cost, no obligation provisional bookings so if you're interested in a trip but not quite sure you're ready to book, simply contact us and we'll hold a provisional booking for a limited time. Once you're ready to book, most of our trips only require a small deposit to confirm, with the balance payable later, closer to your time of travel.
- We offer a No Surcharge Guarantee – once you book with us, we guarantee the price of your holiday will not change.
- When you travel with us, local people really do benefit through creating and supporting local employment opportunities, support for small local organisations and local spend. We passionately believe in travel as a force for good and we work closely with our fantastic local teams and partners to promote sustainable, small-scale travel that enriches the lives of travellers and also benefits local people in the communities and places we travel to.

## One Himalaya – About Us

- We're a small team of travel experts with over twenty years' experience of exploring and promoting the wonderful Himalayan regions of Nepal, India, Bhutan and Tibet. We're passionate about travel and have a special love for the Himalayan regions.
- We're an independent travel company and online tour operator, based on the beautiful Causeway Coast in Northern Ireland, from where we provide bespoke travel services to our clients from the UK, Europe and worldwide.
- We firmly believe in sustainable travel, that respects and protects local people, landscapes, culture, wildlife and habitats. We believe that travel can and should be a force for good, creating positive impact and change for everyone. As part of that ethos, we support a range of small projects and initiatives in the destinations where we operate, that help bring positive benefits and real change to local people's lives.
- We work closely with local communities and partners across the Himalaya and beyond, working together to provide you with the most enjoyable and memorable travel experiences and adventures in Nepal, India, Bhutan and Tibet.
- We focus on providing high quality, personalised service and experiences for our clients, using good quality accommodation and equipment and working with professional, well trained and fairly paid local guides and crews.
- We offer Loyalty Discounts if you've travelled previously with us, on future trip bookings.
- We offer a Refer a Friend scheme where you and a friend can both save on bookings.
- We make it easy to book your holiday – you can book online, call or email us. We offer no obligation hold options on trips and flights and we guarantee no surcharges once you've booked.
- When we receive your booking confirmation, we'll send you a detailed trip dossier with all the information about your trip including visa information, vaccinations required, suggested gear and clothing and lots more useful information to ensure you're fully prepared and have a wonderful experience – and we're always available if you have any questions or would like to discuss anything – we love questions, especially if they're about travel!

